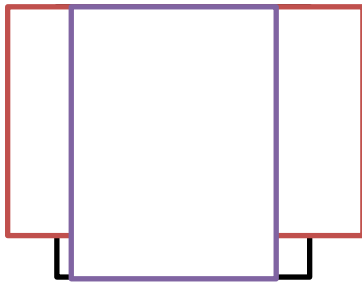


Wellington School District Breakfast Menu May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Available Every Day: Smuckers Uncrustable Pop Tarts* Whole Grain Donuts Cocoa Cherry Bars* Cereal* & Cereal Bars* Banana or Wild Berry Bread Cheese Stick with items marked with *</p>		<p>1 Breakfast Bagel Peaches Milk Choice</p>	<p>2 Chocolate Crescent Strawberry Cup Milk Choice</p>	<p style="text-align: right;">3</p> <p>Apple Frudel Mixed Fruit Cup Milk Choice</p>
<p style="text-align: right;">6</p> <p>Mini Sausage Pancake Wraps Peaches Milk Choice</p>	<p style="text-align: right;">7</p> <p>Eggo Chocolate Chip Mini French Toast Diced Pears Milk Choice</p>	<p style="text-align: right;">8</p> <p>Pillsbury Maple Mini Waffles Assorted Juice Milk Choice</p>	<p style="text-align: right;">9</p> <p>Sausage, Egg & Cheese on a Bun Strawberry Cup Milk Choice</p>	<p style="text-align: right;">10</p> <p>Pillsbury Mini Maple Pancakes Fresh Fruit Milk Choice</p>
<p style="text-align: right;">13</p> <p>Mini Cinnamon French Toast Peaches Milk Choice</p>	<p style="text-align: right;">14</p> <p>Whole Grain Raised Donuts w/Icing & Sprinkles Applesauce Milk Choice</p>	<p style="text-align: right;">15</p> <p>Pancake Wrap w/Syrup Assorted Juice Milk Choice</p>	<p style="text-align: right;">16</p> <p>French Toast Sticks w/ Sausage Fresh Fruit Milk Choice</p>	<p style="text-align: right;">17</p> <p>Breakfast Pizza Milk Choice</p>
<p style="text-align: right;">20</p> <p>French Toast Bites Peach Cup Milk Choice</p>	<p style="text-align: right;">21</p> <p>Cinni Mini Applesauce Milk Choice</p>	<p style="text-align: right;">22</p> <p>Hot Ham & Cheese Bagel Diced Pears Milk Choice</p>	<p style="text-align: right;">23</p> <p>Go Big Strawberry Yogurt & Fresh Baked Cinnamon Roll Fresh Strawberries Milk Choice GFS # 707193,230312</p>	<p style="text-align: right;">24</p> <p>Sausage Biscuit Sandwich Orange Slices Milk Choice</p>
<p style="text-align: right;">27</p> <p>Grape Jelly Whole Grain Croissant Apple Sauce Milk Choice</p>	<p style="text-align: right;">28</p> <p>Apple Cinnamon Texas Toast GFS #152504 Assorted Juice Milk Choice</p>	<p style="text-align: right;">29</p> <p>Breakfast Bagel Peaches Milk Choice</p>	<p style="text-align: right;">30</p> <p>Chocolate Crescent Strawberry Cup Milk Choice</p>	<p style="text-align: right;">31</p> <p>Apple Frudel Mixed Fruit Cup Milk Choice</p>

This institution is an equal opportunity provider.

The USDA is an equal opportunity provider of
free/reduced lunches. Menu subject to change.



Pocket Fruit Pies

Ingredients:

6 whole grain tortillas	3 whole pear/peach or apple
3 TBSP Brown Sugar	½ tsp Cinnamon
¼ tsp Nutmeg	2 TBSP Milk
1 ½ tsp Sugar	

Directions:

1. Preheat oven to 350 degrees. Warm tortillas in microwave for a few seconds to make them easier to handle.
2. Peel and chop fruit into small pieces. Place fruit on one half of the tortilla.
3. In a small bowl, stir together brown sugar, cinnamon and nutmeg and sprinkle over the fruit.
4. Roll up the tortillas, starting at the end with the fruit. Place on an ungreased baking sheet and make slashed across them to allow steam to escape. Brush with milk and sprinkle with additional cinnamon sugar if desired.