


McCormick Middle School Lunch Menu October 2021



<i>Date</i>	<i>Duke Cafe Selections</i>	<i>Pizzeria Selections</i>	<i>Grab & Go Cold Entree</i>	<i>Vegetable & Fruit Options</i>
Friday 10/1	Hot Dog with Coney Sauce	Bosco Sticks with Marinara	Ham and Cheese Sub Sandwich	Oven Fries or Carrot Coins Fruit Juice or Applesauce Cup
Monday 10/4	Pasta Alfredo with Chicken	Cheesy Bread with Marinara Sauce	Turkey Cheese Wrap	Steamed Broccoli or Baby Carrots Strawberry Cup or Fresh Fruit
Tuesday 10/5	Chicken Sandwich Spicy or Regular	Cheese Pizza	Chef Salad with a Pretzel Roll	Baked Beans or Celery Sticks Fresh Orange or Fruit Juice
Wednesday 10/6	French Toast Sticks Sausage Patty	Pepperoni Pizza	Chicken Caesar Salad with Croutons	Potato Triangles Diced Pears or Fresh Fruit
Thursday 10/7	Cherry Blossom Chicken over Fried Rice	Bosco Sticks with Marinara Sauce	Ham and Cheese Sub Sandwich	Steamed Edamame Mandarin Orange Cup or Fresh Fruit
Friday 10/8	Build a Burger Bar with all the toppings!	Sausage Pizza	BLT Wrap	Oven Fries or Tossed Side Salad Fresh Apple or Fruit Juice

Monday 10/11	Pasta with Meatballs and Garlic Toast	Stuffed Crust Pizza	Bavarian Ham Sandwich on a Pretzel Roll	Steamed Peas or Baby Carrots Applesauce Cup or Fresh Fruit
Tuesday 10/12	Chicken Tender Basket with Fries and a Roll	Pepperoni Calzone	Turkey Club Wrap	Oven Fries or Tossed Side Salad Fresh Orange or Fruit Cup
Wednesday 10/13	Buttermilk Pancakes Sausage	Personal Pan Pizza	Chicken Tender Salad with Dinner Roll	Potato Triangles Fresh Fruit or Fruit Juice
Thursday 10/14	Doritos Extreme Walking Taco	Mexican Fiestada Pizza	Buffalo Chicken Wrap	Fiesta Black Beans or Celery Sticks Strawberries or Mixed Fruit Cup
Friday 10/15	Mashed Potato Bowl with Popcorn Chicken and Gravy	Meat Lovers Pizza 	Chef Salad with a Pretzel Roll	Steamed Broccoli or Baby Carrots Applesauce Cup or Orange Slices
Monday 10/18	Cavatappi Bacon Mac and Cheese	Stuffed Crust Pizza	Yogurt Parfait	Seasoned Peas or Cherry Tomatoes Fresh Fruit or Fruit Juice
Tuesday 10/19	Pulled Pork or Beef Taco	Pepperoni Calzone	BLT Wrap	Fiesta Black Beans or Cucumber Slices Applesauce Cup or Fruit Juice

Wednesday 10/20		No School Professional Development Day!		
Thursday 10/21	French Toast Sticks Sausage Patty	Cheese Pizza	Turkey Sub Sandwich	Hash Browns Fresh Fruit or Peach Cup
Friday 10/22	Build a Burger Bar with all the toppings!	Cheesy Bread with Marinara Sauce	Chef Salad with a Pretzel Roll	Oven Fries or Baby Carrots Sidekick Fruit Slushy Fresh Fruit
Monday 10/25	Hot Dog with Coney Sauce	Mexican Fiestada Pizza	BLT Wrap	Green Beans Fresh Fruit or Fruit Juice
Tuesday 10/26	Pasta Alfredo with Chicken	Meat Lovers Pizza	Yogurt Parfait	Steamed Broccoli or Cherry Tomatoes Applesauce Cup or Fresh Fruit
Wednesday 10/27	Chicken Sandwich Spicy or Regular	Stuffed Crust Pizza	Turkey Cheese Wrap	Baked Beans or Cucumber Rounds Strawberry Cup or Fresh Fruit
Thursday 10/28	French Toast Sticks Sausage Patty	Pepperoni Calzone	Ham and Cheese Sub Sandwich	Potato Triangles or Baby Carrots Diced Peaches or Fresh Fruit
Friday 10/29	Cherry Blossom Chicken over Fried Rice	Personal Pan Pizza	Buffalo Chicken Wrap	Steamed Edamame Mandarin Orange Cup or Fresh Fruit